

The BETWEEN-US

Monthly Newsletter of the Greater Milwaukee Central Office, Inc.

Welcoming Newcomers and Aiding AA Groups in Our Community.

January 1971

But the Glow Remains

By: L. D. S. | Colusa, California

The tinsel tree is down and Christmas is over. . .

THIS IS an after-Christmas story. The tinsel is down; the dead needles are vacuumed up. But the glow remains. Rather, the glow *arrived* for the first time, and it's staying. Christmas is a thing of the heart. It's one gigantic AA meeting that nonalcoholics, too, can get in on emotionally. Christmas is no more than the love and the understanding I find over the coffee cups at every meeting I attend. But never before did I know how to love and accept being loved. No wonder Christmas always shook me.

As far back as I remember, Christmas was a time for fears and tears on a grand scale. I was a timid child, scared of everything, constantly being upset by anything that wasn't an everyday part of our household and many things that were. Then came Christmas Eve, bringing that loudmouthed, ratty-bearded, red-flanneled old man. I wanted to run in panic, but someone always pushed me toward terror.

It *might* have been different if he'd brought presents worth the fright. But it was always socks and hankies, a bag of candy and a book. No matter that those were depression years, and many kids didn't get even candy or books. I must have been an alky even then, because I wanted the perfect, unattainable, magic present. I'd have settled graciously for a three-foot talking doll, though dolls didn't talk then, except to say "Mama." Every Christmas was a vast disappointment, because the one gift which would make everything all right--or nearly so--was never there.

As I grew, I added to the emotional bag most alkies car-

ry through the holidays: my unrealistic dream of the ideal, the impossible, but for me the *only* happy Christmas; the loneliness I felt so keenly the rest of the year, intensified when everyone else was being obviously unlonely; the precious, never-neglected mourning of supposedly happier past Christmases and the people I had shared them with, but never would again; my resentment at demands to send cards, shop, contribute, bake, sing carols, smile, give; perhaps most important, the internal agonies as I increasingly loused up one holiday after another after another.

For instance, there was the year I bought my sons English ten-speed racer bikes. The bikes were hidden across the street, and on Christmas Eve, fortified by a gallon of wine, I went for them. My neighbor noticed my wobbling, so he delivered the second one. I draped stockings over the handlebars and passed out on the sofa.

At dawn or possibly earlier, there were the kids, squealing ecstatically--not the world's best medicine for me. I barked a few fast words; the boys left; and somewhere near noon I came to--alone! Imagine those ungrateful youngsters, leaving me to spend Christmas by myself!

It took a year to pay for those bikes. If only I had been less pushed by my guilt at doing so badly, had bought what I could afford, and had given it in love and gentleness! Of course, the following Christmas I bought presents to make up for ruining last year's--a vicious, never-ending cycle.

After my first four years in AA, my sons were willing to speak to me, to come into my house to eat or talk with me. That was a miracle, and it happened faster than I deserved, because I'd spent more than four years telling them with my every action, if not with words, to go to hell--who wanted or needed them? Today, I know I do.

But even with physical sobriety, holidays were an emo-

(Dry: Continued on page 2)

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tionally spiraling, miserable mess. My second dry year, I tried to make the office party. Someone said, "Want some coffee?"--and I spent two hours sobbing. A couple of years later, another AA member drove nearly fifty miles (I think this was on Thanksgiving, but I was rehearsing my Christmas misery) and repeatedly offered to take me to dinner. But I refused to stop crying. Poor me! Finally he left, ate, and came back with a turkey sandwich, which I swallowed between snivels. (You catch *me* being as tolerant as he was, it'll be an icy day you-know-where.)

Christmas of 1968 was the first tolerable holiday I'd ever had. That was not my fault! We had a big AA group, nearly all men without families, kitchens, or dining-room tables, so me and my stove got volunteered. I was so busy giving everybody the Thanksgiving and then the Christmas they wanted, that I didn't blow up until around 9:30 Christmas night. Then I went sky-high--but the effort had been the best I'd made in my life, and I hadn't ruined the season for everyone else.

I thought about that afterwards. It hadn't been a happy holiday, but it had been bearable. That was progress. I hadn't agonized. That was one thing AA had taught me: I didn't have to hurt inside. On the Christmas just past, I hadn't hurt nearly as badly. There had to be a reason, if I could figure it out.

"Physically dry" doesn't mean "fully recovered," I found. The message was simple, but this complicated kook spent weeks realizing what it was: Get off the pity-pot; unwrap myself from that teensy-tiny, precious parcel labeled "Me"; and think about others. What do they need? Where do they hurt? How can I help?

The rest of the year, I kept on getting better. How come? "Never mind how come," I told myself. "Just get busy. 'Me' is a microscopic package. Get it untied and unwrapped, and move! Even if it's wrong, *do* something."

From then on, did I stir myself! Both my kids showed up on Thanksgiving, plus other company. And I was scheming for Christmas. I went to the man responsible for a meeting in a hospital on Christmas night, seventy miles away, and sweet-talked him into swapping my turn for his. I talked to our local hospital about getting a long-term alky patient out for the day. I tried to make arrangements with another institution for a second man. A tree? I hadn't put one up since the boys were young, but I bought lights and tinsel and, while I was at it, lined up a new alky in town. The tree looked fine, and, surprisingly, I felt better. The compliments about it helped, too.

Cards? I'd bought twenty-five maybe five years earlier. I had seventeen of those left. I wasn't going to send them that year, either! But the third or fourth card I received

was from an institutionalized AA member, and after that I began answering every one I got. In the process, I said "Thank you" to several AAs I owed a good deal to, and I told everyone, in effect, "I'm glad you're part of my life. Thank you for the privilege of knowing you." Why hadn't anyone ever explained that *that* was the reason for cards, not another imposition on poor overworked me?

Christmas came. The ham, the turkey, the frozen pies were ready. The blanket invitation was out. Maybe I'd have eight or ten, like last year, I thought. But only three actually showed up--and I'm including myself. One hospitalized man went into orbit and refused to leave the institution; the other was denied permission to come out. My sons, having been here on Thanksgiving, spent most of Christmas with their in-laws, but did drop in briefly to see me.

After dinner, I drove to the hospital meeting. Of the eight patients there, three said, "We never expected anyone on Christmas."

I'm a selfish girl. I'm tired of agonizing. When the Big Book says, "If you have decided you want what we have and are willing to go to any length to get it. . .," the message offers a way out of emotional hurting, not merely the drinking that may follow such hurt. If "any length" extends seventy miles on Christmas, that's no great length to go to avoid misery. And so I explained to the patients why I was there: only secondarily for them; primarily for me. And it was working. That Christmas didn't hurt! I told them what Christmas had been like other years, what happened, and what it was like now.

After the meeting, one woman came up to me. "I hope you don't cry tonight," she said. (Imagine a woman in a mental hospital worrying about *me*! That showed she was getting better.) I promised her I wouldn't, and I didn't.

Why couldn't I have learned years sooner that Christmas is simply an AA meeting, with its love, its outpouring, its understanding? How many of them I spoiled for myself, and for those around me, because only now am I learning to love.

Christmas is over, but the feeling those earth people get only that one month a year is still glowing in my heart. Be afraid of Christmas? Never again. What it means to me now (miraculously, wonderfully, happily) is practicing these principles in all my affairs just a speck more than on any other day. An agonizing period designed by the world only to torment me? How silly. It's a time to reach out to everyone.

How lucky can one kooky gal be? What Christmas really is--an affair of the heart--I've been learning, unknowingly, to enjoy each day of my life.

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Cash & Prizes

By: Dan B. | Shorewood, Wisconsin

Expensive cars, a big house, fancy suits...why was he so miserable at 10 years sober?

I was 23 when I got to AA in 1984. I was a broken and lost person. I had spent nine years in hard alcoholism. I failed college twice. I had no job and I had been to jail. My lies and constant failure were too much for my family.

My father had distanced himself from me back when I was 19 and now only called once a year on my birthday. My mother engaged more often but she didn't trust me. All my "friends" were, like me, young people with alcohol problems who were not succeeding at life. I felt alone and very hopeless. I had hit bottom.

I was fortunate to enter sobriety at a college community. I had begged my way back into the university that had pushed me out a year prior. At my first AA meeting I was introduced to the university AA community, which was very strong. My sponsor was a professor and there were many students, staff and faculty active in recovery. We attended meetings together, hung out together and went to sober parties. We were strong together. I went to meetings almost daily and worked through the Steps with my sponsor. It was a strong start to recovery for which I'm very grateful.

At age 25, with two years sober, I successfully graduated. I then had the great honor of getting to work in different parts of the country. First, I worked in the Adirondack Mountains in New York and then in my home state of Wisconsin. I was having the time of my life. I was young, sober and active in AA. I went to four or five meetings a week. I had sober friends and attended sober parties, which were a very fun part of my recovery. As 30-year-old professional with AA as my base, I was additionally blessed to have an oldtimer sponsor who was filled with wisdom and love.

In my early 30s, I met the woman of my dreams. I was seven years sober and emotionally and spiritually stable. She's not an alcoholic. I think she was born emotionally stable. We have the same ethics, the same morals, many of the same habits and the same dreams. Together we complement each other and are tremendously compatible. Our marriage (now in its 24th year) is the second greatest blessing of my life in sobriety. Over the years, our family was blessed with children and we are now a family of five.

I don't know exactly when, but somewhere in the middle of my 20 years of recovery, my priorities started to shift. I traveled a lot and was busy with the family and my career. I started going to fewer meetings and had less and less contact with my AA friends. I went from four meetings a week to three to two and then to once a week when I could fit it into my busy schedule.

I rarely saw or called my sponsor. Soon my sponsees drifted away and so did my friends. I arrived five minutes before meetings started and I'd leave exactly when they were over. Although I knew a lot of AA people, I was no longer hanging out with them. I was alone within AA.

My character defects started to become more of who I was. My honest desire to make money turned into greed. The gratitude for being successful turned into arrogance. Because I had become arrogant, my frustration when things didn't go my way would turn into anger and rage. It was common for me to go off on a rage at work and at home in front of my wife and children. I spent a lot of money on possessions and things. I had the expen-

sive cars, the big house, the fancy suits, but I was miserable inside. I was trying to buy myself into happiness by buying more stuff and it wasn't working. I was alone, lost and miserable.

Professionally, I have always been surrounded by alcohol. It's part of my work environment. However I've always been good at minimizing my time at receptions by being there only when I really need to. But because I had become miserable inside, those glasses of wine and champagne started to look better and better. Fleeting thoughts of having "just one" started to grow from once in a great while to often. Luckily, I never did yield to temptation and take that first drink, but the thought of relapse began to really scare me. I was in trouble. I felt like I was hitting bottom once again.

One night, I went to my home group and my friend Bill was at the podium. Bill has the ability to be rigorously honest when he's at the podium. He lets it all out and sometimes he cries when he's giving a lead. And that's just what happened that night. Bill was really honest about what was happening in his life and he cried through part of his story. He touched me that night.

I called Bill the next day. For the first time in about five years, I let it all out. I was brutally honest about what was going on with me and where my character defects had taken me. I told Bill I was really scared. That day he became my temporary sponsor. I was 29 years sober with a temporary sponsor that I had to call every day for 30 days. It was humbling, but it was what I needed.

Bill and I started working through the Steps again. I did another Fourth and Fifth Step with Bill and worked hard on the rest all the way through Step Twelve. To be honest, I had never really practiced Steps Six and Seven in the past.

In Step Six, the word "all" seemed so daunting. Through reading the literature and many hours of discussion with Bill, I was able to take Steps Six and Seven on a day-by-day basis. In fact, I say the Seventh Step Prayer every day now as a personal pact between me and my Higher Power.

Probably the biggest change in my recovery these days is that I spend quite a bit of time every day on Steps Ten, Eleven and Twelve. My morning Eleventh Step is usually about 30 minutes. I try to do a Tenth Step inventory every evening. Step Twelve has become a big part of my life, and I'm back greeting visitors and newcomers at every meeting.

I've had the great honor of sponsoring several men from their early sobriety to multiple years of recovery. I love the words in our Big Book: "Life will take on new meaning. To watch people recover, to see them help others, to watch loneliness vanish." They have now come true in my life.

And the marriage and the career? Both of those have taken a great turn for the better. I've learned that I need to practice the principles of recovery every day at home and in the workplace. When I'm being of service at home, in recovery, at work and in my day-to-day interactions, I'm a better person. I still have a nice house and a nice car, but the focus is now on helping others. Happiness for me comes from helping others, not from what I have or might buy next.

I am 57 now, and last year I celebrated 34 years of recovery. I'm once again grateful that AA has given me the time and space to grow emotionally and spiritually. I believe that I needed to hit that emotional bottom again to achieve significant spiritual growth. No one ever judged me on drifting away from meetings. They just welcomed me back into the active center of AA. And that's where I hope to stay.

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Pain in the neck

By: Bill S. | Milwaukee, Wisconsin

At eight months sober, he got a prescription—but his disease was three steps ahead

September weather in Wisconsin is usually a crapshoot. But it was a glorious September morning when I awoke in 2004 with severe pain in my neck. So debilitating was the pain that my wife had to summon family members to help me out of bed and into the car for a trip to the emergency room.

Only eight months earlier I had my last drink, and since then I had completed an inpatient and outpatient treatment program and an after-care program and continued with a talk therapist. I did all this because, after I woke from the fog of detox with all my shame and guilt, I had decided I was going to get an “A” in treatment. At an afternoon lecture at the inpatient facility, I made the decision that I was going to stop being a sad suicidal drunk and become a super-recovered alcoholic.

For a while this strategy worked. I received accolades from those I confessed my disease to and from those I begged for forgiveness. I blamed the booze for my behavior and got, “Of course I forgive you,” in reply. This positive feedback from family, friends and coworkers all served to buoy my newfound identity, and I convinced myself I had made it. I remember thinking, Recovery is not so hard after all. I don’t see what the fuss is.

But my neck pain on that September morning was about to start me on a lifelong journey of recovery. On that day, as I went through the process of being diagnosed and treated for my neck malady, I suddenly found myself with a script for a powerful pain med in my hand. I knew that benzodiazepines were like taking powdered alcohol, but suddenly that all-too-familiar noise in my head began to hammer away at me. It said, “In AA, they told us to place our trust in professionals and not to run the show ourselves. You wrote you were an alcoholic on the admitting form, so don’t argue with these wise men of medicine.” The chorus of those familiar voices grew louder as the “still, small voice” of my Higher Power grew fainter. Just take the medicine, I told myself. It’s just medicine.

But this noise in my head, or “the itty bitty @#%!! committee,” as I have come to call it, now had a conference room, fax machine and an espresso machine set up rent-free in my conscience. The “committee” cranked out justifications, excuses and intellectualizations faster than I could digest them.

I walked into the pharmacy. The moment the bottle hit my hand I knew I was in trouble. When I washed the

first pill down my throat, I knew it was over. Suddenly, my carefully crafted super-recovery effort vanished and I started planning how I could save up the pills to get the effects I surely needed due to the severity of my condition. I began to plan how I could get refills, (the committee was really in high gear now) suggesting symptoms I could come up with that would grant future refills.

The next day the pain had subsided, so I could go on my planned trip back to the inpatient facility from which I had graduated just a few months earlier. So I hopped on a plane and took that long and winding driveway to the annual patient reunion I had planned to attend.

In order to make it work, I slapped on the old mask I used to wear when I was an active alcoholic. I smiled and laughed as I went through the check-in process. When I got on the stage in the auditorium that night, they asked me how I did it. I smiled and replied, “90 meetings in *60 days*,” to the thunder of applause from those in attendance. I accepted my coin, but it felt like Thor’s hammer in my hand. After a few minutes of pats on the back and atta-boys, I began the walk to my dormitory. But as soon as the applause faded from my ears, that old familiar cycle began to replay in my head: You’re a liar. You didn’t fool anybody.

Self-loathing, pity and condemnation dominated my thoughts. The committee said, “Your whole family would be better off without you.” I began to pick which tree would be the lucky winner. The bedsheets would surely be sturdy enough. “Coward,” the committee said. “Just do it!”

It was then, the moment of my greatest despair, when it happened. That still, small voice whispered, “Flush them.”

Oh, the committee rallied to the occasion, but for some inexplicable reason that small voice began to drown them out. Not with volume but with feelings of connectedness and love. It was as if I were watching myself in a movie, walking back to the dorm; the eternal struggle of life versus death playing out in my head.

The committee was all but gone as I walked calmly into the bathroom and emptied the pill bottle into the toilet and flushed them away. I went to bed and was immediately granted the gift of sound sleep.

Upon awakening, the old familiar feelings of shame and guilt played like a broken record in my head. Again, the still, small voice gently whispered, “Call her.” But I was too filled with remorse and shame to call my counselor from treatment. But her supervisor, I could call her. So I called on the unit supervisor and she cheerfully agreed to meet me for lunch. As I explained the events of that past few days, she interrupted

(Overdrive: Continued on page 5)

(*Overdrive: Continued from page 4*)

and blurted out, “Oh, you’re having a relapse.”

Well, that sent the committee into overdrive. Soon, I was only hearing the supervisor’s voice as the kind of drone Charlie Brown’s teacher speaks in. I couldn’t hear her because I was far too busy formulating a plan to rescue the days of abstinence from the jaws of relapse. I imagined sending a letter to the GSO, explaining the situation, and was sure that they’d sympathize and send an official reply (suitable for framing) declaring that I definitely had not, under any interpretation, under pain of expulsion from the Fellowship, had a relapse. Then my still, small voice whispered, “Bill, listen.” And so I did.

What the supervisor suggested was not more treatment but a Big Book study group that met on the campus. I could even stay on campus in the dorm to attend. So I called home and told them I would be staying for 10 days.

As I walked to my first class, I was met by a one-legged man in a wheel chair. He looked frail and wrinkly, his hair a wispy white and his clothes stained. He stuck out his massive hand and croaked, “Hi, I’m Paul. Welcome to the Lodge.”

I took him for a resident of the extended-stay unit on campus, reserved for those who were real low-bottom cases. I mumbled a greeting back and went to my classroom. To my astonishment, Paul suddenly wheeled briskly past me and took position at the front of the classroom to greet his students.

“My name is Paul,” he said, “and I’ll be your instructor for the afternoon lecture the next few days.” I was stunned. I remember thinking that for what I was paying, they could at least have hired a proper instructor. Boy, was I wrong.

Paul turned out to be a master of 12 Step recovery and the most knowledgeable person on the Big Book I had ever met. Under his care, I would discover what Twelve Step recovery was as I began the process of acceptance and willingness that left me feeling happy, joyous and free.

At the time, my transformation did not make sense. There was nothing Paul and I had in common. We were very different people and saw the world in completely different ways across the board—politically, socially, economically, religiously, vocationally. Two people never had less in common. But there was something about him, some nonverbal connection, that allowed me to hear what he had to say.

The next few months were filled with furious action. I quit my job and enrolled in a program in addiction

counseling. I moved to another state to attend school and asked Paul to be my sponsor. As he told it, he only said yes because the hand of AA should always be extended. The truth was he did not like me very much at first. He honestly thought I’d fire him just about every time we got together as sponsor and sponsee. But I didn’t. Over the next two years, I changed inside and became a recovered alcoholic. That is to say, the Tenth Step Promises all came true for me.

Paul recently died. I miss him every day. But the lessons on recovery he freely gave me still thrive. Now it’s my turn to pass them on.

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January 1953

From the Grass Roots

By: L. S. | Hartsdale, New York

LIVING "just for today". . .staying sober one day at a time. . .doesn't that make New Year's Day just another twenty-four hours? Perhaps, as far as "just living" is concerned, but for the little while we will each take for thinking, and remembering, and hoping, as all human beings will, it isn't just another day. It's a special day of looking both forward and backward, a healthy thing to do once in a while.

The time of the new year's beginning is, for most of us, one of memories. . .some so painfully etched that they will never leave us, and that is a good thing too, for it helps us remember to be grateful for our sobriety, whether it be a new and strange estate or an old and cherished one.

For a lot of us, the memories are happy, as the years of our new lives are added one to another. Many things are different, and perhaps one of the best is that our New Year's resolutions no longer are inevitably doomed to a short but feverish existence, followed by sudden unmourned death, and a year that drags to another dreary, unfulfilled end.

Now, we know from our own and others' experience, that we *can* carry out the good intentions, at least to a measurable degree, that each new day is a fresh opportunity to work at living the principles of AA that have transformed our lives. We know because we have done it, some for a short while, others for many years we have rediscovered the dignity of depending upon our mind' to make decisions, our will to carry them out, and our humble trust in a Higher Power to help and guide us.

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Come Join Our
Tuesday Nite Impaired
Professional AA
Meeting



Tuesday nights at 7:00
Holy Trinity Lutheran Church
11709 W. Cleveland Ave., Milwaukee

Not just for professionals but for anyone seeking sobriety and a better way of life by working the 12 steps and living well. Come share in the fellowship with us and start enjoying life again.

We meet in person and on Zoom. Meeting ID = 98178765495, Password = 071150.
Hope to see you there!!

Primary Purpose
Alcoholics Anonymous
Group of Waukesha
ALL ARE WELCOME
WEEKLY STUDY THE BIG BOOK OF ALCOHOLICS ANONYMOUS LINE BY LINE
"NEW COMERS" BREAK OFF GROUP AVAILABLE
COME AND LEARN MORE OF OUR PRIMARY PURPOSE
Wednesday 7:00PM
121 Wisconsin Ave, Waukesha, WI



LGBT AA Meeting
All AA members are welcome
Sunday afternoons at 4pm

located in

MKE LGBT CENTER
315 W Court Street
Milwaukee, WI 53212



Accessibility Lift in building
and plenty of parking in lot adjacent to the building
Any questions, call (414)617-1152

"Alcoholics Anonymous is a fellowship of persons who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking."

<https://www.aa.org/>

Posted Dec. 2023



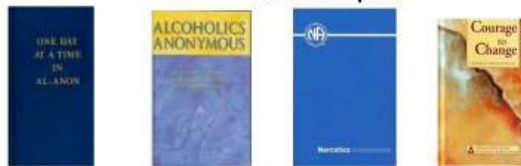
Friday Night Couples in Recovery

We are Back - EVERY Friday!

We welcome couples and singles interested in applying the 12 steps to both self and relationships!

We meet each Friday of the month beginning April 1st and would like couples or singles working any 12 step program to join us

At 7:30 pm



St. Pius Church
2520 N. Wauwatosa Ave. (76th St.)
Just north of North Ave.

[Click here for Map](#)

(Enter the building on Wauwatosa Ave. Turn Left & up the Stairs)

3 Bucks In The Basket... Make it a Reality, not just a dream!



“Every AA group ought to be fully self-supporting, declining outside contributions.” Tradition Seven, Twelve Steps and Twelve Traditions,

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[Seventh Tradition Checklist](#)

Use **VENMO** on your smartphone to contribute.

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MILW. CENTRAL OFFICE

• E-mail us at:

dan@aamilwaukee.com

Hours:

M - F 9 a.m. to 4:30 p.m.

Sat. 9 a.m. - 12 p.m.

• Board of Directors

Meeting, in-person.

Wednesday following 2nd

Tuesday (odd months)

6:30 p.

• A. A. Meetings, Sun. at 9 a.,

Mon.- Fri. at 12:15 p.,

Sat. 9:15 a., & 10:30 a.

• Dist. 14 monthly meeting,

4th Wed. at 7 p.m.

• Dist. 16, monthly meeting

1st Thursday at 6:00 p.m.

Spanish Speaking Meetings:

Meeting at English Speaking Clubs

• Pass It On Club, 6229 W. Forest Home Av, Milw. GRUPO 5 CONCEPTOS, 7:00 P.M. Saturdays, Upstairs. And Viajeros Wisconsin, 7:00 P.M. Saturdays, in lower level.

• GRUPO NUEVO AMANECER, Tri-County Unity Club, 104 N. First St, Watertown, on Tuesdays and Fridays at 7:00 PM and on Sunday at 11:00 AM

• GRUPO FE Y ESPRONZA, Gratitude Club, 295 Ruggles St. Fond du Lac WI on Wednesday at 7:00 PM and Sundays at 4:00 PM

SAFETY CARD FOR A.A. GROUPS

(The General Service Office has made this optional statement available as an A.A. service piece for those groups who wish to use it.)

Suggested Statement on Safety

Our group endeavors to provide a safe meeting place for all attendees and encourages each person here to contribute to fostering a secure and welcoming environment in which our meetings can take place. As our Traditions remind us, the formation and operation of an A.A. group resides with the group conscience. Therefore, we ask that group members and others refrain from any behavior which might compromise another person's safety.

Also, please take the precautions you feel are necessary to ensure your own personal safety, for example, walking to your car in a group after a meeting. If a situation should arise where someone feels their safety is in jeopardy, or the situation breaches the law, the individuals involved should take appropriate action. Calling the proper authorities does not go against any A.A. Traditions and is recommended when someone may have broken the law or endangered the safety of another person.

Service Material from the General Service Office

All the groups listed in our meeting directory, should be contributing regularly to the support of your Central Office. We want to be here when anyone reaches out for help. A big thank you to everyone, for all you do.

Need to make a group or personal contribution? Use our CONTRIBUTE button on our website: aamilwaukee.com or use our your VENMO app from your smartphone.

Meeting Space Currently Available

- [DryHootch](#), 4801 W National Ave. Space available various time of day and evening. Call Otis W. [414-336-6576](tel:414-336-6576)
- [West Allis Senior Center](#), 7001 W National Ave, West Allis WI. Call Shanon at [414-302-8717](tel:414-302-8717).
- [Luther Memorial Church](#), 2840 S 84th St. West Allis WI. Contact by email: prviviane28@outlook.com
- [St Peter's Episcopal Church](#), 7929 W Lincoln Ave, West Allis, Contact: Steve 414-543-6040 or email: christumc1@sbcglobal.net
- [Anchor Covenant Church](#) 1229 Park Row, Lake Geneva WI 53147, contact Laura, office@anchorcovenant.org

Redemptorist Retreat Cen-

ter, 1800 N Timber Trail Lane, Oconomowoc, WI 53066,

(262) 567-6900 Email:

rrc@redemptoristretreat.org

Please call for information and schedule of retreats for recovering people. AA and AI-Anon, \$250 three nights. We discuss the 12 steps and related topics.

2024 Weekend Retreats

Jesuit Retreat House,

4800 Fahrwald Rd.

Oshkosh, WI.

WI 54901,

call 800-962-7330

jesuitretreathouse.org

Men and Women

in AA, AI-Anon

Total cost: 4 days \$390.00.

Send a \$75.00 deposit with requests for specific dates to retreat house or call for info.

ZOOM MEETING NEEDS SUPPORT!

ZOOM At Noon Women's Meeting

Monday, Wednesday and Friday at 12:00 PM (Noon)

[https://us02web.zoom.us/j/5877359740?](https://us02web.zoom.us/j/5877359740?pwd=Rytda2hwNlczeExqL112SjZFR2dYUT09)

[pwd=Rytda2hwNlczeExqL112SjZFR2dYUT09](https://us02web.zoom.us/j/5877359740?pwd=Rytda2hwNlczeExqL112SjZFR2dYUT09)

By phone, dial 312-626-6799 and enter Meeting ID #

Meeting ID: 587 735 9740 Password: 123456

DISTRICT MEETINGS

CORRECTIONAL INSTITUTIONS

COMPLETE DISTRICT INFORMATION ON THE WEB:

<https://www.area75.org/page/districtmeetings>

1. Jackson, LaCrosse, Monroe, Vernon & Trempealeau; 2 & 18 Green Lake & Marquette Counties & part of Waushara; 7. Kenosha; 17. Racine County; 8 & 30 Rock County; 9. Crawford, Grant, Iowa and LaFayette; 19 & 37. Richland & Sauk; 20, 21 & 26 Dane; 31. Columbia County; 35. Green; 37. Juneau County.

(Check the web address above for meeting info.)

3. MANITOWOC & SHEBOYGAN CNTY'S: 3rd Wed. of month, 6:30 p., Even numbered months at 1907 Club, 2908 N. 21st St., Sheboygan. Odd numbered months: Alano Club, 404 S 29 St Manitowoc

6. WALWORTH CNTY: 2nd Tue. 7:30 p. odd numbered months only, Walworth Alano Club, 611 E. Walworth St., Delavan

10. Spanish District. Contact: Salvador G. at 414-446-0158. Meets 1st Sunday 5 p.m. 1663 S. 6th Street, Milw.

11. JEFFERSON CNTY: Meets last Wed. at 5:30 p.m. Moravian Church, 301 College St., Lake Mills, or Zoom: 817 4085 9820, Password: 665473

12. WASHINGTON CNTY: 1st Wed. of month, 6:00 p., the Jackson Community Center N165W20330 Hickory Ln., Jackson, WI. 53037

13. WAUKESHA CNTY: 2nd Sunday of month, 1:00 p, St. Matthias Church, 111 E. Main, Waukesha

14. MILWAUKEE CNTY: 4th Wed. of month, 7:00 p, Milwaukee Central Office 7429 W Greenfield Ave., West Allis WI 53214

16. MILWAUKEE CNTY: 1st Thursday of month, 6:00 p, Milw. Central Office, 7429 W Greenfield Ave. West Allis WI 53214

23. DODGE CNTY: Last Sunday of month at 6:00 p, Dodge Cnty Alano Club, 115 N. Lincoln, Beaver Dam, call to confirm 920-583-3142

24. OZAUKEE CNTY: 3rd Tue. of month, 6:30 p., Advent Lutheran Church, W63N642 Washington Ave, Cedarburg, WI 53012.

25. FOND du LAC CNTY: 2nd Tue. of month, 5:30 p., Gratitude Club, 295 Ruggles St., Fond du Lac, WI.

27. MILWAUKEE CNTY: 3rd Wednesday of month at 7:00 P.M., the Zoom ID number is [824 0616 9567](https://us02web.zoom.us/j/6870109941?pwd=YVl4SVQzU3FaSE1rc3dzVmtxdFM4QT09) the password is 869 916. Covenant Lutheran Church, 8121 W Hope Ave, Milwaukee, WI 53222.

28. MILWAUKEE CNTY: 2nd Thursday of month, 7:00 p, Prince of Peace Lutheran Church, 4419 S Howell Ave, Milwaukee WI 53207.

29. MILWAUKEE CNTY: 1st Mon. of month, 7:00 p, Luther Memorial Church, 2840 S 84th St., West Allis, WI 53227

32. & 33 WAUKESHA CNTY: 4th Tuesday of month, 6:30 p, Meeting ID: [321 751 3275](https://us02web.zoom.us/j/3217513275), Passcode: [323232](https://us02web.zoom.us/j/3217513275)

34. WAUKESHA CNTY: 1st Tues. of month, 6:30 p, Northwest Area Alano Association, N88W17658 Christman Rd., Menomonee Falls. Join online at: <https://us02web.zoom.us/j/6870109941?pwd=YVl4SVQzU3FaSE1rc3dzVmtxdFM4QT09>

36. RACINE/KENOSHA: 2nd Tuesday of the month 6:00 p.m., 12 & 12 Club, 482 S Pine St., Burlington

38. MILWAUKEE CNTY: Last Sunday of month 4:00 p.m. Milwaukee Group Meeting Room, 933 E Center St. Milwaukee WI 53212

SEND ADDITIONS AND CORRECTIONS TO:

7429 W. Greenfield Ave, West Allis, WI 53214, dan@aamilwaukee.com

[Area 75, Southern WI, Calendar of Events 2025 Madison Senior Center, 330 W Mifflin St, Madison WI. 9 A.M. to Noon except where noted.](#)
2024 [Area 75 Fall Conference.](#) Fri Nov 1st to Nov 3rd. Chula Vista Resort, Wisconsin Dells
2025 [Winter Service Assembly](#) – January 19 at the [Madison Senior Center Delegates Workshop](#) – March 9, at the [Madison Senior Center Spring Service Assembly](#) – April 6, at the [Madison Senior Center Summer Service Assembly](#) – June 22, at the [Madison Senior Center International Conference](#) – July 3-6, in [Vancouver, B.C., Canada](#)
[Fall Service Assembly](#) – September 14, at the [Madison Senior Center Area 75 Fall Conference](#) – November 7-9, at [Ingleside Hotel, Pewaukee, WI](#)

In-person meetings have started back up in the Area corrections facilities. Contact Eugene "Geno" P., Area Corrections Chair by email; corrections@area75.org for information on days and times of meetings.

For meetings at Milwaukee Area Correction facilities contact: Andrew K. at 262-239-6528 or email: mcccoordinator@gmail.com

- TAYCHEDAH CORRECTIONAL, Fond du Lac, WI 54937
- OAK HILL CORRECTIONAL INSTITUTION: 5212 County Road M, Fitchburg, WI 53575
- WAUPUN CORRECTIONAL INSTITUTION, Waupun WI
- FOX LAKE CORRECTIONAL, Box #147, Fox Lake, WI 53933
- JEFFERSON COUNTY JAIL 411 S. Center St., Jefferson, WI,
- RACINE CORRECTIONAL INSTITUTION for MEN 2019 Wisconsin St, Sturtevant, WI 53177
- FEDERAL CORRECTIONAL Satellite Camp, Oxford, WI.
- THOMPSON FARM, RT. 2 DEERFIELD, WI.,
- ROBERT ELLSWORTH CORRECTIONAL, Union Grove, 53182
- KETTLE MORAINNE CORRECTIONAL., Forrest Dr., Plymouth,
- MILWAUKEE COUNTY HOUSE OF CORRECTION, 8885 S. 68th St. Franklin WI. Emily J. by Email: mcccoordinator@gmail.com
- MILWAUKEE COUNTY JAIL 9th & State Milwaukee WI. Emily J. by Email: mcccoordinator@gmail.com
- MILWAUKEE SECURE DETENTION, 1015 N. 10th St. Emily J. by Email: mcccoordinator@gmail.com.
- MILWAUKEE WOMEN'S CORRECTIONAL CENTER, 615 W Keefe Ave. Emily J. by Email: mcccoordinator@gmail.com

MILWAUKEE COUNTY CORRECTIONS COMMITTEE: meets IN-PERSON. Contact Andrew K. at 262-239-6528 or email: mcccoordinator@gmail.com for date and location. Donation can be sent to: MCCC, PO Box 270544, Milwaukee WI 53227-0544. Contact coordinator: Email: mcccoordinator@gmail.com with questions.

Corrections volunteers must go through the committee to get AA literature to take into the various facilities. Milwaukee Central Office no longer handles the funds.

ADDRESSES FOR YOUR INFORMATION

- [Milwaukee Central Office:](#) 7429 W Greenfield Ave, West Allis, WI 53214 gmco@aamilwaukee.com
- [Area 75 Treasurer:](#) PMB #167, 5464 N Port Washington Rd., Glendale WI 53217
 - General Service Office, P.O. Box 2407, James A Farley Station, New York, NY 10116-2407
 - Area 75 [Corrections](#), [Bridging the Gap](#) or [Treatment](#) write to: PMB # 170, 5464 N Port Washington Rd., Glendale WI 53217
 - [Southern Wisconsin Deaf Access Committee](#) : Email: milwareadeafaccess@gmail.com; Mailto: Deaf Access Committee, P.O. Box 1982, Waukesha WI 53186

MEETING ROOMS

<p>NEW DAY CLUB 11936 N. Port Washington Rd Mequon, (262) 241-4673 www.newdayclub.org A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Topic 11:00 a. Topic 5:00 p. Young People 7:30 p. Topic</p> <p>Mon. 12:30 p. Tenth Step Gp 5:30 p. More about Alcoholism 8:15 p. Men's Gp</p> <p>Tue. 10:00 a. Topic 5:30 p. Big Book 8:00 p. Big Book Gp</p> <p>Wed. 10:00 a. Topic 2:00 p. Promises Meeting 5:30 p. Step Meeting 7:00 p. Women's Lifeline</p> <p>Thr. 10:00 a. Topic Meeting 1:00 p. Women's AA Gp 5:30 p. Topic Meeting</p> <p>Fri. 10:00 a. Topic Meeting 5:30 p. Step/Tradition 8:00 p.</p> <p>Sat. 10:00 a. Step Meeting 5:00 p. Fellowship of Spirit 7:00 p. Feelings 10:00 p. Young People 8:00 p. Open Meeting (held on 3rd Saturday of month only)</p> <p>AL-ANON MEETINGS Monday 6:30 p. Al-Anon Tuesday 1:00 p. Al-Anon/ACOA Wednesday 7:00 p. ACOA Thursday 7:00 p. Al-Anon Contact club for information on other fellowships.</p>	<p>PASS IT ON CLUB 6229 W. Forest Home Ave Milwaukee WI (414) 541-6923 www.passitonclub.com A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Sun. Wake Up 9:30 a. Reliance Meeting 11:00 a. Today' choice 3:00 p. Gratitude Plus 7:00 p. Big Book Readers</p> <p>Mon. 7:30 a. Jump Start 10:30 a. First Step 4:00 p. Happy Hour Step Gp. 7:00 p. Open IntroductoryAA</p> <p>Tue. 7:30 a. Comin' Back Gp 10:30 a. Keep It Simple 4:00 p. Drop the Rock 6:00 p. Key To Sobriety Women's 7:30 p. Three Legacies 7:30 p. Double Trouble DD/O 7:30 a. Big Book Study</p> <p>Wed. 10:30 a. Pass It On 4:00 p. Happy Hr Promises 6:00 p. Courage to Change 7:00 p. We, Us & Ours</p> <p>Thr. 7:30 a. Welcome Back Gp 10:30 a. Made Decision 5:15 p. As Bill Sees It 7:00 p. Gateway Topic Gp 7:30 a. Honesty Gp.</p> <p>Fri. 10:30 a. Came To Believe 6:00 p. Women's Fri. Kickoff 6:30 p. Thoughts 4 Today 8:00 p. Broken Arrow 8:30 a. Early Bird</p> <p>Sat. 10:30 a. Happy Joyous Free 7:00 p. Vajeros Wisconsin lower level 7:00 p. 5 Conceptos upstairs 8:00 p. Back to Basics 12x12</p>	<p>LAKE AREA CLUB N60 W 35878 Lake Dr Oconomowoc, WI (262) 567-9912 www.lakeareaclub.com A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Early Bird 9:30 a. Literature Meeting 11:00 a. Friendship Gp 6:00 p. Big Book 8:00 p. Gopher Sunday</p> <p>Mon. 9:00 a. Positive Attitude 6:30 p. Otter Gp 8:00 p. Step/Tradition Study</p> <p>Tue. 1:00 p. 4:00 p. 7:00 p. Life House Beginners</p> <p>Wed. 8:00 a. 10:00 a. Back To Basics 2:00 p. Women's Meeting 6:00 p. 8:00 p.</p> <p>Thr. 10:00 a. 4:00 p. 5:00 p. Woman's Way 12 Steps 6:00 p. Hybrid Meditation Mtng Zoom ID: 89239303536, PW: 999525</p> <p>Fri. 8:00 p. Grapevine Mtng 12:30 p. 4:00 p. 8:00 p. Old School House</p> <p>Sat. 10:00 a. Big Book OPEN AA/Al-Anon SPEAKER MEETING Sat. 7:00 p. 2nd & 4th Saturdays (AA and/or Al-Anon Speakers)</p> <p>AL-ANON MEETINGS Mon. 7:00 p. Al-Anon Tue. 9:00 a. Al-Anon Wed. 7:00 p. Al-Anon & Alateen</p>	<p>WAUKESHA ALANO CLUB 318 W. Broadway Waukesha, WI, 262-549-6541 http://www.alanoclubofwaukesha.com/ (IP)=In-person,</p> <p>Sun. 9:30 a. Sun Morn Sunlight (IP) 11:00 a. Sun Go-To-Mtng (IP)</p> <p>Mon. 12:00 p. (IP) 6:00 p. Beginners AA (IP) 7:00 p. (12 & 12) (IP)</p> <p>Tue. 12:00 p. Wed Nooners (IP) 5:30 p. Topic Gp (IP)</p> <p>Thr. 12:00 p. Nooners (IP) Fri. 12:00 p. T.G.I.F. Gp (IP) 6:30 p. Half Measurers (IP)</p> <p>Sat. 6:00 a. Early Morning (IP) 10:00 a. Gp 124 (IP)</p> <p>OPEN MEETINGS, DANCES & EVENTS Call for information.</p>	<p>GALANO CLUB - LGBT & All in Recovery - 7210 W Greenfield Ave LL Milwaukee, WI 53214, 414-276-6936 http://www.galanoclub.org/ galanoclub@gmail.com</p> <p>(V)=Virtual, (IP)=In-person, (V & IP)=Both In Person and Phone Meetings Phone/ Video AA Meetings, Call (978) 990-5195 Meeting Id: galano7210 Code: 1919178#</p> <p>Sunday: (V & IP) 10:30 a.m. - AA - Step / Topic Meeting (In-person/phone/video) 10:30 a.m. - Al-Anon - Papillion Group.</p> <p>Sunday: (V & IP) 4:00 p.m. - AA - Personal lead & Daily Reflections. Meeting (In-person/ phone/video) 4th Sunday is Open Mtng.</p> <p>Monday: (V & IP) 7:30 p.m. - AA "Came to Believe" 12 Spirituality. (In-person/phone/video)</p> <p>Tuesday: (V & IP) 6:00 p.m. - AA Over and Under 40 Group (In-person/phone/video)</p> <p>Thursday: (V & IP) 7:30 p.m. - AA - Living Sober One Day at A Time In-person & Phone/video</p> <p>Friday: (V & IP) 10:30 a.m. AA Step & Topic</p> <p>Saturday: (V & IP) 7:30 p.m. - AA - Big Book & More. (In- person/Phone/video) The Galano Club is open one half hour before the scheduled meetings.</p>
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<p>NORTHWEST AREA ALANO ASSOCIATION* N88 W17658 Christman Rd Menomonee Falls WI 53051 (No Phone) Room 202 A.A. MEETING SCHEDULE (V)=Virtual, (IP)=In-person, (V & IP)=Both</p> <p>Sun. 10:00 a. Big Book Rm 202 7:00 p. Sun Night Gp Rm 202</p> <p>Mon. 7:00 p. Just Do It Gp Rm 202</p> <p>Tue. 10:00 a. Step 8:00 p. Topic</p> <p>Wed. 7:00 p. Step/Topic</p> <p>Thr. 10:00 a. Step 6:00 p. Women's</p> <p>Fri. 8:00 p. Step/Topic (V & IP)</p> <p>Sat. 10:00 a. Sat Serenity Gp 7:00 p. Simply Sober Gp Rm 202</p> <p>AL-ANON MEETINGS Wed. 7:00 p. Al-Anon Fri. 7:30 p. Al-Anon</p> <p>*This is a Smoke-Free environment. We have ample meeting space available for 12 Step groups. Contact the Northwest Alano Club by mail.</p>	<p>WALWORTH COUNTY ALANO CLUB 611 Walworth St. (Hwy. 50 & 11) Delavan, WI 53115, (262) 740-1888</p> <p>Sunday AA 10:00 a. Primitive Group 12:00 p. Open Speakers 6:30 p. Delavan Discussion</p> <p>Monday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Step Meeting 6:30 p. Delavan Meeting</p> <p>Tuesday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp. 6:30 p. Delavan 12 Step Topic</p> <p>Wednesday AA 7:30 a. Sunny Side Up 12:00 p. As Bill Sees It Gp. 6:30 p. Delavan IT Meeting</p> <p>Thursday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp. 6:30 p. Delavan Big Book Gp.</p> <p>Friday AA 7:30 a. Sunny Side Up 12:00 p. Big Book Study 6:30 p. Delavan Discussion</p> <p>Saturday AA 7:30 a. Sunny Side Up 12:00 p. Delavan Noon Gp. 6:30 p. Delavan Beginners Gp.</p>	<p>ALANO CLUB 1521 N. Prospect Ave., Milwaukee, WI, 53202 (414) 278-9102 http://www.mkealanoclub.org/ A.A. MEETING SCHEDULE</p> <p>Sun. 7:00 a. AA Express Mtng 7:45 a. AA Big Book/Discussion 10:00 a. Gp 17 Step Mon. 7:00 a. Early Morning 10:30 a. Gp 72 Topic 12:15 p. Gp 76 Lunch Bunch 6:30 p. Gp 40 Big Book</p> <p>Tue. 7:00 a. As Bill Sees It, 10:30 a. Gp 70 Step 12:15 p. Gp 76 Lunch Bunch 7:00 p. Beginner's Meeting</p> <p>Wed. 7:00 a. AA 10:30 a. Gp 9, Step 12:15 p. Gp 76 Lunch Bunch 6:00 p. Chicks at Six Gp, women, Child Care available 7:30 p. We Agnostics</p> <p>Thr. 7:00 a. Thr Express Mtng 10:30 a. Gp 97, Step 12:15 p. Gp 76 Lunch Bunch 7:00 p. AA (LGBT)</p> <p>Fri. 7:00 a. Daily Reflections 10:30 a. Gp 21, Step 12:15 p. Gp 76 Lunch Bunch 6:30 p. Here & Now 7:30 p. Men's Zoom Mtng. 12:15 am. Second Shifters (Sat.)</p> <p>Sat. 7:00 a. AA Meeting 11:00 a. Gp 87 Step 7:30 p. Open AA Speaker</p> <p>AL-ANON MEETING Sunday 10:00 a. Al-Anon</p>	<p>H.O.W. TO CLUB 8930 W. National Ave, West Allis, (414) 543-2448 mailto:howtoclub8930@yahoo.com https://www.howtoclub.org Hours: 9am to 9pm daily.</p> <p>Sun. 8:00 a. Eye Opener AA Gp. 10:00 a. Grass Roots (Steps) 4:30 p. Drop the Rock 6/7 Step 6:00 p. Restore Us To Sanity 7:30 p. Sun. Sober & Serene</p> <p>Mon. 11:00 a. Winner's Circle 5:45 p. Gp 132, Women's Gp 7:00 p. Big Book Gp. 8:00 p. New Hope Gp. 10:30 P. What's the Point Gp.</p> <p>Tue. 11:00 a. Willingness Group 6:00 p. Tue Topic 6pm Gp 8:00 p. New Hope Meeting</p> <p>Wed. 10:00 a. Foundations Meeting 6:00 p. AA Beginners Gp. 7:00 p. Women's Freedom 8:00 p. Promises Group</p> <p>Thr. 10:00 a. But For Grace Of God 6:00 p. Here and Now 8:00 p. How To Get It Going</p> <p>Fri. 6:00 a. Early Risers Big Book 11:00 a. Priority Group 6:00 p. Big Book Friday 8:00 p. R.U.S. For Us 11:00 p. Candlelight Promises</p> <p>Sat. 9:15 a. Men's Topic 11:00 a. Pioneers Group 3:00 p. Spiritual Growth 6:00 p. 1st & 12 Topic 8:00 p. Open Speaker 3rd Sat 8:00 p. HOW To Saturday</p>	<p>24 HOUR CLUB 153 Green Bay Rd. Thiensville, WI Web and Facebook Info</p> <p>A.A. MEETING SCHEDULE</p> <p>Sun. 8:00 a. Topic 10:00 a. Step/Topic</p> <p>Mon. 6:30 a. Topic 10:00 a. Topic 8:00 p. Men's</p> <p>Tue. 6:30 a. Topic 10:00 a. Step/Topic 5:30 p. Big Book</p> <p>Wed. 6:30 a. Topic 10:00 a. Big Book</p> <p>Thr. 6:30 a. Topic 10:00 a. Topic 5:30 p. Step/Topic/Trad</p> <p>Fri. 6:30 a. Topic 10:00 a. Step/12 & 12 8:00 p. Step</p> <p>Sat. 6:30 a. Topic 8:30 a. Big Book/Steps 10:00 a. Big Book</p> <p>8:00 p. Open Speaker Mtng. (1st Saturday Only)</p>
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In Person AA Groups NEED YOUR SUPPORT

- **Sun. 7 p.m.** Waukesha Sunday Night Beginner's, Ascension Lutheran Church, 1415 Dopp St, Waukesha WI
- **Sun. 7 p.m.** Butler Sunday Night, St. Agnes, 12801 W Fairmount St, Butler WI.
- **Mon. 7 p.m.** Unity Gp, 4600 Pilgrim Rd, Brookfield, WI
- **Mon. 7 p.m.** Group 232, Mother of Good Counsel, 6924 W. Lisbon Ave, Milwaukee, WI 53226
- **Wed. 8:00 p.m.** Helping Hand, Nativity Lutheran Church, 6905 W Bluemound Rd, Milwaukee WI
- **Thur. 12:15 p.m.** Jeanette Burnett Gp, St John's Cathedral Complex, 831 N Van Buren, Milwaukee WI
- **Thurs. 8:00 p.m.** Grateful Gp. Chabad House, 3030 E Kenwood Blvd, Milwaukee, WI
- **Thurs. 8:30 p.m.** Gp 22, Underwood Memorial Baptist, 1916 Wauwatosa Ave,
- **Fri. 9:30 p.m.** Big Book, Martin Luther Church 9235 W Bluemound Rd. Milw.
- **Sat. 8 p.m.** Gp 18, St Luke's, 3200 S Herman, Bay View, WI

MEETING ROOMS

<p>UNITY CLUB 1715 Creek Rd West Bend, (262) 338-3500 unityclub1715@att.net www.facebook.com</p> <p>AA MEETING SCHEDULE</p> <p>Sun. 10:30 a.* Gratitude Gp. 8:00 p. Candlelight Gp.</p> <p>Mon. 10:00 a. Monday A.M. 7:00 p. Men's 7:00 p. Women's</p> <p>Tue. 10:00 a. Tuesday A.M. 6:00 p. More About 12&12 7:30 p. Beginner's</p> <p>Wed. 10:00 a. Promises 1:00 p. Steps/Promises 5:00 p. Happy Hour Gp In-person & Zoom: 332602852, pw: 123456</p> <p>Thr. 10:00 a. Big Book</p> <p>Fri. 10:00 a. Step/Topic Gp 6:00 p. Big Book</p> <p>Sat. 10:00 a. Here & Now 7:00 p. Big Book Connection</p> <p>AL-ANON & ALATEEN MTNGS Saturday 9:00 a. Al-Anon Thursday 7:15 p. Al-Anon</p> <p>● Open Mtng. 3rd Sunday of month</p>	<p>FRIENDSHIP CLUB 2245 W. Fond du Lac Ave Milwaukee, WI (414) 931-7033</p> <p>Email: friendshipinc@sbcglobal.net</p> <p>AA MEETING SCHEDULE</p> <p>Sunday 10:00 a. Friendship 11:00 a. Third Sunday Open Meeting</p> <p>Monday 10:30 a. Step Gp</p> <p>Tuesday 7:00 p. Gp 43 Big Book</p> <p>Saturday 10:30 a. Gp 112 Step</p> <p>Call for information on other types of meetings.</p> <p>Email: friendshipinc@sbcglobal.net</p>	<p>TRI-COUNTY UNITY CLUB 110 S 2nd St. Watertown WI www.tricountyunityclub.com</p> <p>Sunday 11:00 a. Big Book Study 6:30 p. New Beginners 7:00 p. Spanish Nuevo Amanecer Monday 10:00 a. Eye Opener Grp. 7:00 p. As Bill Sees It Tuesday 7:00 p. Keep It Simple 7:00 p. Spanish Nuevo Amanecer Wednesday 10:00 a. New Freedom 7:00 p. Lost In Woods (Women) Thursday 10:00 a. Thur. Morning 7:00 p. Spanish Nuevo Amanecer 8:00 p. Big Book Group Friday 4:30 p. Friday Happy Hour 7:00 p. Reality Check Saturday 10:00 a. Morning Group 8:00 p. Saturday Night Open Mtng</p> <p>BEAVER DAM ALANO CLUB 115 N Lincoln St. Beaver Dam WI 53916 Sun: 10:30 a.m. & 7 p.m. Mon: 8 a.m., 6 p.m. & 8 p.m. Tue: 9:30 a.m. & 7:30 p.m. Wed: 8 a.m. & 7 p.m. Thur: 9:30 a.m. & 8 p.m. Fri: 12 Noon & 6 p.m. Sat : 12 Noon & 7 p.m. Open</p>	<p>MILWAUKEE GROUP 933 E Center St, Milw WI 53212. A.A. MEETINGS</p> <p>Sun. 10:00 a In-person 8:30 p. In-Person</p> <p>Mon. 5:30 p. In-Person 7:00 p. In-Person 8:30 p. In-Person</p> <p>Tue. 7:00 p. In-Person 8:30 p. In-Person</p> <p>Wed. 5:30 p. Zoom https://zoom.us/j/8974697046 pw:0 7:00 p. In-Person 8:30 p. In-Person</p> <p>Thur. 7:00 p. In-Person 8:30 p. In-Person</p> <p>Fri. 7:00 p. In-Person 8:30 p. In-Person</p> <p>Sat. 8:30 p. In-Person</p> <p>Milwaukee Central Office 7429 W Greenfield West Allis WI 414-771-9119 A.A. MEETINGS</p> <p>Sun. 9:00 a. Gp 10 Sunday</p> <p>Mon. 12:15 p.</p> <p>Tue. 12:15 p.</p> <p>Wed. 12:15 p.</p> <p>Thur. 12:15 p.</p> <p>Fri. 12:15 p.</p> <p>Sat. 9:15 a. 1st Step 10:30 a.</p> <p>We do not meet on major holidays.</p>	<p>LIGHTHOUSE ON DEWEY 1220 Dewey Ave. Wauwatosa WI AA MEETINGS</p> <p>Sunday 6:00 p. Jim's First Step 7:30 p. Gp 78 Great Room</p> <p>Monday 7:30 p. Laughs/Leisure</p> <p>Tuesday 6:00 p. 11th Step Meditation 7:30 p. Professionals</p> <p>Wednesday 7:30 p. Presidents Hall 8:00 p. "RES-IPSA"</p> <p>Thursday 7:30 p. Alumni No 12 Friday 7:15 p. Gp 74 Saturday 10:00 a. Gp 59</p> <p>All Saint's Cathedral 818 E Juneau Ave. Milw 53202</p> <p>Sun: 7:00 p.m. Bench Meeting Mon: 7:30 p.m. #08 Sane & Sober Tue: 10:30 a.m. Men's Gp. Wed: 7:30 p.m. Men's Gp. Fri: 7:30 p.m. Big Book Gp. Sat: 10:30 a.m. Men's Gp.</p>
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JOIN the BIRTHDAY CLUB!


We celebrate birthdays, and we'd like to help you celebrate yours! Send us a contribution of **\$1 for each year of Sobriety**- or more if you choose- and we'll print your birthday in the Between-Us Newsletter. Include your Home Group, and we'll print that also!

Requests should be in by the 24th of the month prior to your sobriety date. Late arrivals will appear the following month.

Just fill in the form below and mail, with your contribution, to:

Payable to: "Greater Milwaukee Central Office"
Memo: Birthday Club
7429 W Greenfield Ave
West Allis WI 53214



 Payment/Contribution: using [VENMO](#) or from our website, using [Credit Card](#) or [PayPal](#).

\$ _____ enclosed.

I will have _____ years on _____ / _____ / _____

Name _____


Address _____

City _____ State _____ Zip _____


Phone: (_____) _____ - _____

Email: _____

Home Group: _____



<u>Years</u>	<u>Name</u>	<u>Home Group</u>
41 (1/1/1984)	Ann Z.	Pass It On Club meetings
39 (1/1986)	Jim S.	Honest and Able Group and A Vision For You



**Brown Bag Meeting,
Wednesdays
@ The H.O.W. to Club**



Open Meeting/Bring Your Own Lunch

This is an open meeting where you bring your own lunch but please purchase your drinks at the club.

Wednesdays, Starting 11/6/24

Meeting time @ 12:30-1:30

HOW to Club - 8930 W National Ave, Milwaukee, WI 53227

Contact Rick H. For more information: 262-758-4705



NEW WOMEN'S AA MEETING

GIRLS JUST WANNA HAVE FUN

Starts **Wednesday** December 4th

6:30 PM

Mt Olive Lutheran Church

211 Main St. Mukwonago

Enter through the South door from the parking lot



Financial News: Please remember our tradition of self-support. If you wish to contribute to the Central Office, you can now use [Venmo](#) from your smartphone.

[@MilwaukeeCentralOffice-AA](#)

...0785 are the last four digits of the phone number associated with the Venmo account. (You may be asked for these numbers)

If you don't use Venmo or PayPal, you can always come visit us at the Central Office or mail a check.

Use QR Code
To Contribute
Using
VENMO



NEW MEETING ANNOUNCEMENT

The Next Frontier: Emotional Sobriety

After we quit drinking, we face various challenges inherent in living sober. Bill Wilson identified that "dependency" was an impediment to our emotional sobriety and maturity. He realized that emotional dependency on people, places and things was the source of his emotional and mental distress, in fact he identified this as his basic flaw. This new meeting focuses on discussing issues relating to our emotional sobriety. We come together to explore ways we can overcome our emotional dependency and the unreasonable expectations and unenforceable rules that our dependency generates. *Are you ready for the next frontier?*

Join us Thursday nights for a closed discussion meeting on emotional sobriety.

When: Thursdays @ 7pm

Where: St. John's Lutheran Church, 20275 Davidson Rd, Brookfield WI

GREATER MILWAUKEE CENTRAL OFFICE
HOSTING

SPRING THING

DINNER AND OPEN SPEAKER MEETING

SATURDAY, APRIL 26, 2025

HOSPITALITY: 5:30 PM, DINNER: 6:15 PM

AA SPEAKER: 7:30 PM,

MIKE O. (ELM GROVE LIVING SOBER GROUP)

MILWAUKEE ELK'S LODGE #46

5555 W. GOOD HOPE RD, MILWAUKEE, 53222

SEATING IS LIMITED: **\$25.00 PER PERSON**

Tables of 8. If you want to sit together, get your tickets together.

Proceeds to support Milwaukee Central Office.

Tickets by mail, \$25.00 each. Include a self addressed stamped envelope.

Greater Milwaukee Central Office

7429 W. Greenfield Ave., West Allis, WI 53214, 414-771-9119

Call or email for more information: dan@aamilwaukee.com

Pay by check or credit card, Visa/MasterCard/Discover, include all necessary information.

Card Number _____ Expiration Date ____ / ____

Name _____ Phone _____ CVC# _____

Address _____ Zip Code _____

E-mail Address: _____

Number of tickets ____ X \$25.00 = \$ _____

Tables of 8. If you want to sit together, get your tickets together.

Tax deductible donation to
Greater Milwaukee Central Office..... + \$ _____

Check or Credit Card Total..... = \$ _____

Cut-off date for tickets Monday April 21, 2025.

Buffet menu, with a bunch of stuff.

